

# **QEC Maternal and Child Health Nurses Development Program**

## An amazing opportunity to enhance your knowledge, skills and confidence working with families.

#### You get to:

- Be part of the exciting Early Parenting Centre (EPC) sector expansion
- Learn about the clinical frameworks and guidance now in place to support practice
- See in action the implementation of the Victorian EPC Outcomes Framework

QEC is a registered public hospital and community service organisation with 100 years' experience working with families that face challenges meeting their children's health, safety, and wellbeing needs.

The QEC Maternal and Child Health Nurse Development Program, commenced in January 2018, offers Maternal and Child Health (MCH) nurses an opportunity to be part of the QEC team for 24 weeks, working across four of our programs located at Noble Park.

### **The Programs**

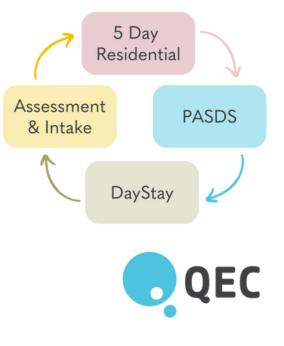
Over the 24 weeks each MCH nurse will rotate across four of the programs offered at the Noble Park location.

### Assessment and Intake

Is a telephone consultation offering families advice and at times recommendations to one of QEC's programs.

## 5 Day Residential Program

Offers an intensive level of support and care for families who are experiencing complex difficulties with their young children. Families are provided with practical support, education, and advice whilst at QEC.



## DayStay

Offers families a day to learn and practice new skills. The program gives parents/carers the ability and confidence to deal with a range of parenting issues relating to sleep, settling to sleep, nutrition, and anticipatory guidance.

## **PASDS: Parenting Assessment and Skills Development Service**

This program is a ten-day residential stay available to families that have been referred by the Department of Families, Fairness and Housing, Child Protection Unit. QEC Clinicians work in partnership with families to assess, strengthen and develop parenting skills.

## The MCH Development Program Includes:

- Orientation
- Mentoring formal and informal
- Education
- Reflective Practice
- QEC Professional Record with all four programs
- Skills and Knowledge reviews
- Hands on experience rostered paid shifts
- Evaluation from participant

## Eligibility

- MCH Nurses
- MCH Nurse graduates

### **Expectation of Participants**

- Able to commence in one of the two annual intakes: January and July/August
- Commit to a 24-week fixed term contract position.
- Available to work a minimum of 2 shifts per week.
- Pay rate- as per relevant Enterprise Agreements
- Maintain the MCH Development Program Record
- Embrace opportunities to learn.
- Share Maternal and Child Health nursing experience with QEC clinicians.
- Contribute to the ongoing review and evaluation of the program.



## **Application Process**

If interested, please provide a cover letter detailing why you are interested in this program (max 200 words) and an updated CV to QEC Nurse Unit Manager, Libby Godden, via email <u>libgod@qec.org.au</u>.

Any questions?

Please contact Deidre Stuart, Manager of Clinical Support and Development Phone 9549 2777 or email <u>deistu@qec.org.au</u>



