

Parent Assessment and Skills Development Services



Welcome to our residential program!

Dear Family,

You have been booked in for a 10-day Residential Program at the Queen Elizabeth Centre (QEC).

Where: 53 Thomas Street, Noble Park 3174

Phone: 9549 2777

We understand how hard it might be to get here on time, especially if you are coming from a distance. Just let us know if you are running late by calling 9549 2777. You will be welcomed when you get to QEC, we appreciate the effort you have made to come.

Important information about your stay

Parking

There is free car parking at QEC. Our car park is very busy. If your child/ren can walk, please hold their hand in our car park.

Security

The QEC takes no responsibility for damage, loss or theft of personal property or vehicles. There is a small safe in your room for your valuables. It is your responsibility to care for any belongings that you bring to QEC. We recommend you do not bring valuables if possible.

Illness

Please let us know prior to admission if you or your child/ren are unwell.

Bed sharing with infants

QEC supports Red Nose guidance that the safest place for a baby to sleep is in their own sleep space such as a cot or bassinet at the bedside

Smoking and Vaping

Smoking and vaping can occur only at designated areas. Please discuss these with staff.

Meals

Fresh family meals are provided each day for you and your children from our on-site kitchen. If a family member has special dietary needs (e.g. Allergies or sensitivities, Gluten/Wheat free diet, Halal, Kosher, Vegan etc.) please tell staff as soon as possible.





Important information about your stay

Visitors

We understand there are people who matter to you who you may want to see while you are staying at the QEC. Please speak to the Program Coordinator if you want someone to visit.

Medications

Parents and carers manage their own and their child/ren’s medications. A secure place is provided for you to store your medications. Please only bring medications to QEC that you need during your stay. All medications must be in their original packaging. For prescription medication, the correct name and dose must be on the packaging. Please also bring anything else you need for your medication, such as syringes, needles or sharps containers. Dosette boxes prepared by parents/carers are not accepted at QEC. All asthma medications, and Adrenaline Auto-injectors must be accompanied with your up-to-date ACSIA Action Plan from your health professional.

Checklist of items to bring

	Photo ID, for each person attending
	My Health Learning and Development Record (Child Health Record - Green book)
	Any assessments you or your child/ren have had or documentation from other health/support services
	Infant formula (enough for 10 days), teats and bottles (if needed). <i>Sterilizing equipment is provided</i>
	Disposable nappies and wipes (enough for 10 days)
	Toiletries (soap, toothbrush, toothpaste, sanitary items, shampoo, conditioner, sunscreen, brush/comb, etc.)
	Clothing for parents and child including clothes for going outside such as sun hats, raincoats, warm jackets, beanies, waterproof shoes for toddlers as per the seasonal requirements
	Sleepwear (lighter for warmer conditions)
	Pram so you can go for a walk
	Dummies / pacifiers x 2, if used
	A selection of toys and books (named) that are easily cleaned, for your child’s exclusive use
	Special toy or security item labelled with your child's name

QEC supply all linen/bedding. If you want to, you can bring your pillow or doona. (For ADULT use only)

You can use our washing machine and dryer if you want to. Washing detergent tablets are provided.

Please do not bring

- Nuts or food containing nuts
- Baby monitoring devices
- Alcohol or drugs
- Valuables

Any Questions

Please call 9549 2777 or 0456 852 430.

We look forward to meeting you and your family. Together we will work on new skills that support your children’s future.

