

The Queen Elizabeth Hospital for Mothers and Babies

Carlton, Victoria 3053

- ANNUAL REPORT 1985 -

Victorian Baby Health Centres Association (Inc.)



Aims and Objects of the Association

- 1. To provide facilities for Mothers and Babies in the State of Victoria and in particular Region Six.
- 2. To provide a hospital for mothers and babies and a model baby health centre for:—
 - (a) Clinical experience for Infant Welfare Sisters, Mothercraft Nurses and Child Care Workers.
 - (b) The education of parents in the care of children.
 - (c) Providing accommodation especially for nursing mothers and for difficult, delicate or premature babies who may require special investigation and expert care in regard to their rearing and to provide temporary emergency care for mothers and babies or temporary care for children in time of family crisis.
- 3. To establish and operate a day care centre for the care and education of children.
- 4. To arrange for organised teaching to parents:
 - (a) during the pre-natal and post-natal period; and
 - (b) in the care of children
- 5. To care for children at risk.
- 6. To co-operate with all present or future organisations working for the same objectives.
- 7. That the Hospital has a commitment to reviewing and developing strategies to meet the changing needs of the future.

Victorian Baby Health Centres Association (Inc.) and THE QUEEN ELIZABETH HOSPITAL FOR MOTHERS AND BABIES

CARLTON, VICTORIA 3053



67th ANNUAL REPORT

OF THE COMMITTEE OF MANAGEMENT



WITH STATEMENT OF ACCOUNTS, LIST OF SUBSCRIBERS AND DONORS AND STATISTICAL RETURNS FOR TWELVE MONTHS ENDED 30TH JUNE, 1985.

Office Bearers and Committee

For the Twelve Months Ended 30th June, 1985

Patroness: LADY MURRAY

Life Patroness: LADY CURTIS

President:

MRS. J. S. SHAW

Vice Presidents: MRS. G. N. DOOLAN

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Hon. Treasurer:

MR. P. PENRY-WILLIAMS



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MISS D. SCOTT B.A.(Hons.), DIP. SOC. STUD. (Melb.)

DR. G. TRIGGS

L.L.B., L.L.M., Ph.D. (Barrister at Law)

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Auditor:

MR. I. L. MURRAY F.C.A.,B.COMM.,A.C.I.S.

Solicitors:

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DR. G. DANIELSON M.B., B.S.

Director of Nursing:

Health Centre Sister:

MISS. H. MORRIS S.R.N., Dip. App. Sci. (C.H.N.), F.C.N.A.

Day Nursery Director:

MISS. M. LINDEN

MISS. C. EVANS S.R.N., T.C., Dip. App. SciN. Ed., F.C.N.A.

S.R.N., T.C.

PAST PRESIDENTS OF THE ASSOCIATION

1917 - 1921 — DR. A. JEFFREYS WOOD 1921 - 1923 — DR. K. HUGHES

1923 - 1932 — SIR GEORGE CUSCADEN

1932 - 1933 — DR. CONSTANCE ELLIS 1933 - 1944 — SIR WALTER LEITCH, K.B., C.B.E. 1944 - 1952 — HON. SIR HERBERT OLNEY

1952 - 1953 — SIR LESLEY McCONNAN 1953 - 1956 — HON. SIR HERBERT OLNEY

1956 - 1965 — MR. M. V. ANDERSON

1965 - 1983 — LADY CURTIS - MRS. J. S. SHAW

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President:

DR. G. DANIELSON M.B.,B.S.

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Staff Representative on Committee of Management:

DR. M. MURNANE M.B., B.S., F.R.A.C.P., D.C.H. Committee Members:

DR. I. KING

M.B., B.S., D.P.M., F.R.A.N.Z.C.P.

DR. R. MELVILLE

M.B., B.S., D.P.M.(Pt.1)(Melb.)

DR. F. OBERKLAID M.B., B.S., F.R.A.C.P., D.C.H.

DR. N. PAOLETTI

M.B., B.S., D.P.M. (Melb.) F.R.A.N.Z.C.P.

HEALTH CENTRE — FAMILY PLANNING:

DR. M. SPENCE B.A., M.B., B.S.

MRS. E. PRIDEAUX S.R.N.,S.C.M.,H.V.

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DR.I. SEWELL M.B., B.S., F.R.A.C.P.

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Report of the Committee of Management

It is with pleasure that I present to you, on behalf of the Committee of Management, the 67th Annual Report for the year ended 30th June, 1985.

I am pleased to say after a somewhat negative report last year, that this year has been one of positive change and consolidation for the complex. During this period a number of changes have taken place, strengthening our internal organisation and thereby improving our ability to provide a sound service for our clients both for today and tomorrow.

MANAGEMENT TEAM

We welcome to our management team Mr. Stephen Seymour, our new Chief Executive Officer, who brings with him energy, professional expertise and great enthusiasm.

Our Committee of Management welcomes new members, whose skills in their professional areas have strengthened our team: Cr. Richard Meldrum, Dr. H. W. Rouch and Dr. M. Nowotny, experienced in the field of Infant Welfare from the Health Commission, Victoria and Mr. G. McRae from Touche Ross and Co.

Dr. A. Clements transferred to Brisbane last year and we will all miss him. Regretfully, the Committee of Management accepted the resignation of Mrs. J. Ogden . We extend to her a vote of sincere thanks in appreciation for her many years of dedicated service to the Hospital and the Association and to show our appreciation we are forwarding a framed certificate of Life Governorship.

CHANGE — A POSITIVE OUTLOOK

Hospitals and other health care providers have during the last twelve months featured prominently in politics and the media. In working in the area of health care we must accept the fact that such exposure is a part of our real environment. We are accountable to our clients, the public and the government for actions and future plans and we must ensure that the best interests of our clients are served by such changes as may occur.

This year has witnessed the transfer of the Day Nursery and Health Centre services from the Health Commission to the Department of Community Services. Regionalisation is now a reality and I feel it is probably one of the most positive steps toward the implementation of a more viable and efficient health service.

Change will always be with us. With your continued support and effective management input, our staff will be able to provide a high standard of care and continue to meet the demands of our clients in a most positive manner.

During the past year we have geared ourselves for the changes of tomorrow by focusing our attention on two vital aspects — the first relates to the reorganisation and development of management philosophies, the second to planning for the future development of the complex.

FUTURE PLANS

In terms of future development, our best avenue of service lies within the area of preventative social and family medicine. Plans for the future include a Paediatric Development and Assessment Unit and the expansion of the existing Day Nursery into a 24 Hour Child Care facility for shiftworkers. We also hope to extend our help to families in crisis.

AUXILIARY

A small but enthusiastic Auxiliary has held a number of functions and from the proceeds has been able to contribute toys and books to the Day Nursery, toys to the hospital Nursery and books to the Infant Welfare Centre. The Auxiliary also furnished the Care-by-Parent units.

I thank all those who have given us such support, both the convenors and those attending the functions. We have at present \$17,676.00 invested and with the wonderful support of Myer/Lego, that sum will shortly be greatly increased.

The Day Nursery Parents Committee, which was formed in 1983, continues to work very hard and give loyal support to the Complex, contributing over \$3,000.00 in this year.

ACKNOWLEDGEMENTS

On behalf of the Committee of Management I would like to express our gratitude to all those individuals and organisations who have given so generously to us this year. A special thank you to the Caulfield Baby Health Centres Ladies Committee for their continued support and to the Lord Mayor's Fund, for its generosity.

We are also most appreciative of the assistance and advice received from the Health Commission.

CONCLUSION

On behalf of my Committee, I wish to extend a sincere vote of thanks to all the Staff for their loyalty and service throughout the year. I also thank the members of the Committee for the time and energy they have so willingly given to us and the Medical Staff for their contribution to the successful operation of the complex.

Mrs. K. J. SHAW President

Report of the President of the Medical Staff



It is with great pleasure that I present a report on behalf of the Medical Staff of the Queen Elizabeth Hospital for the period 1984 to 1985. This has indeed been a time of great change and challenge, both for the medical and nursing staff.

During the year we accepted with regret the resignation of our past president and consultant psychiatrist, Dr. Peter Smith. He is greatly missed. We wish him well in his further studies. We welcome Dr. Nick Paoletti and Dr. John King, who are to share the psychiatric consultancy work. Already they have become active members of our staff and we look forward to a long and happy association with them.

The past twelve months have seen a change in our pattern of patient admissions. This has been brought about by our awareness of community needs and has resulted in an increase in the workload shared by the nursing and medical staff.

We have had a patient on a methadone drug withdrawal programme; also a number of intellectually handicapped girls and young teenage mothers have spent time with us learning basic mothering skills. These patients are very time consuming and require much patience and dedication on the part of the Nursing Staff. I would like to take this opportunity to thank the Nursing Staff for their efforts over the past year.

In the Nursery area I believe we have had a very exciting year. The Nursery has become an open, friendly place where mothers are encouraged to spend time with the staff and with the children. I believe this Nursery to be offering a unique community service. It provides emergency accommodation for the children of families in crisis and distress.

Dr. Rex Melville and myself find many of these children need acute medical care on admission. In many cases poor nutrition and social deprivation are accompanied by acute infection.

The opening of the Care by Parent units has provided another milestone in the service offered by the hospital. Already we have been busy with a variety of patients, including mothers who needed rest and mothers with difficult toddlers and small babies who could remain together as a family unit.

Finally, I would like to welcome Mr. Stephen Seymour, our new Executive Officer. He has already achieved much in widening the role of the Medical Staff within the hospital. A staff health service and the medical assessment of new employees are examples of the expansion of services being provided by the medical staff.

It is to be hoped that the next twelve months will see the Queen Elizabeth complex offer wider services to the community, centering around the care of the mother and her child. We are in a unique position to provide comprehensive family medical care, which can include the areas of acute medical care, social crisis intervention and preventative medicine. At a time when the cost of acute medical care is escalating, surely the role of the Queen Elizabeth complex in the fields of preventative medicine and health education must be of great community importance. I look forward to a future of development and expansion and feel privileged to be associated with the hospital at this time.

Dr. G. Danielson M.B. B.S.



Report of the Director of Nursing 1984-85

The hospital has had another very busy year with a total of 1120 admissions occupying 8811 bed days. The nursing staff welcome Mr. Seymour to the position of Chief Executive Officer. We are appreciative of his new ideas and look forward to a long and happy association.

Two Care by Parent units have been opened in the Dr. Doris Officer Wing, to cater for parents who are experiencing difficulty in coping with their child's medical, physical or behavioural problems at home. The parents can live in at the hospital receiving guidance and support from our hospital staff. It is envisaged that mothers with two children, (an infant and a toddler) could benefit most from these units which are designed to prevent the family being split up within the hospital system.

The units consist each of a bedroom with private bathroom facilities and a shared sitting room with tea and coffee-making facilities. The whole area has been beautifully decorated, thanks to the Auxiliary and the tasteful surroundings provide a welcoming, homelike environment for the mothers.

The Elvie Curtis Wing continues to accept mothers with a broad range of problems and from all areas of the state. The staff find great satisfaction in meeting the challenge of helping these mothers, each of them with different needs and problems. Every mother is treated as an individual with a personalized plan of care to ensure that her needs are met.

Mrs. Anne White retired from her position as domestic services supervisor after 21 years association with the hospital. Sr. Joy Dent also retired after twelve years. We wish them both a long and happy life and thank them for their great contribution to the hospital.

We welcome Sisters Irene Doyle, Cathy Tresize and Jill Kearney to the staff. Also mothercraft nurses Christine Gooley, Marion Milner, Jan Temperley, Kim Fallon, Roberta Fusimato, Lindy Johnson, Janis Olcom, Linda Green and Lama Henry. We are happy to see mothercraft nurse Jenny Wright back on night duty following maternity leave.

We are fortunate to have the services of Drs. Danielson and Melville as our visiting medical officers and Dr. Murnane as our consultant paediatrician. We welcome Drs. King and Paoletti as our new consultant psychiatrists.

Every year we are fortunate to receive gifts from the many friends of the Hospital. This year we are particularly grateful to the Caulfield Baby Health Centres Ladies Committee for their donation of furniture to the Nursery and to the Queen Elizabeth Auxiliary for their donation of \$500 for new toys in the Nursery. We have been able to purchase some high quality expensive toys which will give lasting pleasure to the children.

Our Visitor

Every Saturday morning an elderly man went to the Victoria Market to buy a bunch of flowers and two large bags of fruit. After leaving the flowers on his wife's grave at the Melbourne Cemetery, he would bring the fruit to the children in the Nursery. He always arrived at 8:30 and stayed precisely one hour. All the regular children knew him and looked forward to his visit. Even the new children, hesitant at first, would usually warm to his presence. Throughout the eleven years he has been coming, he insisted on maintaining his anonymity, wanting only to be known as the "Saturday Man". It is with great regret that he has been forced to stop visits, as he is moving away. Our sincere thanks and good wishes go with him.

I would like to thank Srs. Mary Linden and Helen Morris for their help and support throughout the year.

Finally I wish to thank all the staff for their hard work. The turnover in staff this last year has given the hospital a nucleus of experienced, responsible and dependable people. Throughout the hospital there is a warm and comfortable atmosphere.

C. A. Evans
Director of Nursing
S.R.N.,T.C.,Dip.App.Sci.,N.Ed(C.H.N.),F.C.N.A

Maternal and Child Health Centre Report



The Queen Elizabeth Centre is part of the Victorian Infant Welfare Service. It provides Maternal and Child Health care for families living in the central Carlton and Parkville areas of the municipality of Melbourne.

The aim of the Infant Welfare Service is to promote the health, wellbeing and development of children in the 0-6 year age group within the context of their families. Parents are offered support and information to assist them in the task of parenting. The nurse's knowledge of the local area enables her to be a source of information regarding other services and activities in the family's neighbourhood.

The Centre operates in co-operation with the Melbourne City Council and is responsible for the service within its designated area. The nurse receives notification of all new births in her area, through the municipality. She is responsible for making contact with each family and introducing herself and the service to all new parents. The service is widely used by these families, with over 90% of all new babies throughout the state being enrolled at an Infant Welfare Centre.

All Infant Welfare Centres operate on a basic structure of individual consultations held at the Centre and visits to parents and children at home. Group activities are included providing the nurse's caseload allows time for them.

Each nurse has freedom within this structure to incorporate the activities she believes to be the most suited to the families living in her area.

The Queen Elizabeth Centre serves a diverse area from Parkville terraces and university campus to Ministry of Housing high rise estates. Students and professional families are drawn to the area by the nearby hospitals and educational institutions. Many are isolated from friends and families for the period of their stay.

The Ministry of Housing tenants include low income Australian families, lone and single parents, migrant families from such countries as Vietnam, Turkey and Lebanon.

The services currently provided from the Centre include:

Consulting sessions when parents know that the Sister is available at the Centre occupy five sessions a week;

Home visits occupy 2-3 sessions each week. Visits are made both to new families and to any requiring follow-up visits.

Group work currently consists of two groups meeting weekly. These are a new mothers' group attended by mothers with their first baby and a play group attended by toddlers and parents. The mothers' group provides support, friendship and an opportunity for new mothers to share their experiences of childbirth and motherhood. The play group offers activities suited to toddlers, a chance for isolated mothers to meet and make new friends and a place to observe and learn about their children as they play and interact with each other.

The special needs of migrant families have led to two monthly sessions being set aside for consultation with an interpreter present. These are held for the Vietnamese and Arabic speaking families and interpreters from the Health Interpreter Service attend.

There are seven child care centres and three kindergartens within the Queen Elizabeth area. The nurse is available for consultation regarding health matters at the request of parents or staff associated with these centres.

Routine hearing screening of children 7-9 months of age is carried out and is part of a state screening programme. A monthly screening session is held in conjunction with the nurse from a neighbouring centre.

Liaison with other community groups, particularly welfare agencies who often provide family aides and social work support to local families, is time consuming but essential.

Liaison with maternity hospitals and particularly their home visiting services must be maintained; also contact with hospitals and general practitioners who see children when illness occurs.

A monthly immunization service is provided at the centre by the City of Melbourne Medical Officer and Nurse. The Maternal and Child Health Nurse is responsible for introducing and discussing the importance of immunisation with parents. She assists with sessions and follows up families who miss appointments.

Nurses working in Maternal and Child Health in the City of Melbourne meet as a municipal group at least once monthly and as a regional group each quarter. A Saturday morning conference is also held quarterly for all nurses working in the service.

Other services provided from the Queen Elizabeth Centre:

A family planning group is held weekly;

The pre-school Dental Service visits monthly;

A Paediatrician from the Department of Ambulatory Paediatrics at the Royal Children's Hospital provides a consulting service monthly, referrals coming through the Maternal and Child Health Centre, Day Care Centres and Kindergartens in the area. Ongoing telephone consultation is available through the Royal Children's Hospital. This service has been so well used that a second consulting session is about to be introduced.

The Early Childhood Development Programme in the City of Melbourne employs professionals from several disciplines who are available for individual assessment and consultation or for group teaching and discussion. These personnel include: a physiotherapist, a dietician, an audiologist, an occupational therapist, a speech pathologist and a psychologist.

The Infant Welfare Centre at Queen Elizabeth is unique in that it is the only such centre to be incorporated within a larger child and family care complex. The nurse must make a commitment to liaise and interact with staff working in the other areas.

As in other years, several local families have received much needed support from the Day Care Centre and the Residential Nursery and a few mothers and babies have spent time in Mothers Wing.

Miss H. Morris Infant Welfare Sister S.R.N.,Dip.App.Sci.(C.H.N.),F.C.N.A.

FAMILY PLANNING CLINIC REPORT

The Family Planning Clinic has been well attended throughout the year with approximately 500 appointments. The Family Planning Staff enjoy a close liaison with Miss Helen Morris, Infant Welfare Nurse and the administrative staff of the Queen Elizabeth Hospital for Mothers and Babies and we thank them for their continued help and support.

ELISABETH PRIDEAUX
Family Health Services Branch
Health Department Victoria.



Report of the Day Nursery Director

The demand for Day Nursery places has been maintained over the past year, with children coming from all sections of the Community.

Sister Helen Morris in the Health Centre and Sister Evans, Director of Nursing in the Hospital, have again provided invaluable help and support to the staff and children in the Nursery.

Our thanks also to the Early Childhood Development Programme staff; the Social Workers and Family Aides of the Melbourne City Council; the Catholic Family Welfare; Dr. J. Sewell and the staff of the Ambulatory Paediatric Service of the Royal Children's Hospital. Also, special thanks to Mrs. N. McRae (Pre-School Adviser) for help in reviewing the staffing of the Nursery during the year.

Supervised work experience has been provided during the year for students from the TAFE colleges at Preston and Prahran, Lincoln Institute and school work-experience students.

Some of the special events provided for the children's enjoyment during the year were a visit by a class from the Ascot Vale Special School, who performed a Christmas Puppet Show; an excursion to the local Fire Station and a morning's visit with the Farm Animals, which is the only close contact some of the children have with sheep, pigs, chickens etc. and which they greatly enjoy.

The Parents' Fund Raising Committee was again busy on behalf of the Nursery. Spit roasts, wine bottling and raffles were just some of the activities used to raise funds. Our special thanks to them for a job well done. Special thanks also to the Hospital Auxiliary for their donation which enabled us to buy equipment and books for the children.

During the year we have been investigating the possibility of expanding to a 24 hour service.

At the moment we are conducting a survey among shift-working parents to find out their child care needs — many of the children have a variety of relatives, friends and baby-sitters looking after them at night and weekends. A large proportion have several different people minding them over their parents' working week and the Nursery is looking into providing these pre-school children and their siblings with a stable, warm and loving atmosphere during their parents absence at work.

Should this proposal be viable, next year could see a radical change in the operations and services offered by the Queen Elizabeth Day Nursery.

The Staff have worked hard to provide and maintain a high standard of care for the children, despite the financial constraints placed on relievers for holidays, sick leave etc. My thanks to them for their support and willingness to do whatever is asked of them.

Miss M. Linden
Day Nursery Director
S.R.N..T.C.



Contributors

VICTORIAN BABY HEALTH CENTRES ASSOCIATION

Thomas Baker (Kodak) Alice Baker and Eleanor Shaw Benefactions Estate of the late E. G. Batchelder Fred J. Cato Charitable Fund Carlton United Breweries (Lord Mayor's Fund) Walter & Eliza Hall Trust Estate of Sir Walter Leitch J. R. MacPherson Fund National Australia Bank Estate C. R. Ogg (Perpetual Trustees) David Syme Charitable Trust Joe White Bequest	_	\$ 500.00 1,240.63 100.00 50.00 275.00 526.75 750.00 500.00 1,000.00 160.00 300.00 5,402.38
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DAY NURSERY DONATIONS		3,311.65
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QUEEN ELIZABETH HOSPITAL		
Auxiliary (Queen Elizabeth Hospital) Estate of the late George Adams William Angliss (Victoria) Charitable Fund (Lord Mayor's Fund) Australian Paper Manufacturers Mrs. L. Bassett Collier Charitable Trust (Lord Mayor's Fund) Crawford Productions Mrs. N. A. Edwards Mrs. A. H. Fraser Miss J. Fraser M. Giampietro Lord Mayor's Fund Mrs. H. Phillips L. B. & D. Rapke Mr. A. J. Sinclair (Lord Mayor's Fund) Mrs. W. M. K. Stephens J. B. Were & Son Mrs. I. D. Wharrie Hospital & Charities Sunday Committee		\$ 5,850.00 1,000.00 2,000.00 2,917.00 10.00 5,000.00 500.00 10.00 10.00 3.00 5,825.00 4.00 10.00 90.00 50.00 50.00 50.00 24,009.00

Staff

Chief Executive Officer

S. Seymour

Administrative

B. Prescott G. O'Keefe V. Martin

Housekeeping/Maintenance

R. Stringer
D. Alexiadis
H. Kolliou
K. Kolliou
S. Kostas
M. Malovic
K. Hide
N. Wilson

Day Nursery Director

M. Linden

Kindergarten Teacher

K. Shelley

Mothercraft Nurses

M. Jennar S. Oborne J. Williams

Child Care Assistants

S. Bité S. Free

Catering

J. Fortomaris

Health Centre

H. Morris

Nursing Division

Director of Nursing

C. Evans

Sisters

I. Doyle
R. Fairweather
M. Ferres
N. Gardner
J. Kearney
J.McNaught
J. Nugent
E. Peacock
P. Skene
C. Tresize

Mothercraft Nurses

H. Barrett
C. Boileau
V. Cook
R. Faram
J. Finch
R. Fusimato
C. Gooley
L. Green
S. Jackson
L. Johnson
M. Milner
J. Olcorn
C. Phillips
L. Ross Henry
L. Scholes
J. Smith
C. Tanner
J. Temperly
T. Wood
J. Wright

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