

Victorian Baby Health
Centres Association

Fourth
Annual Report
1921-1922



MELBOURNE :
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VICTORIAN BABY HEALTH CENTRES ASSOCIATION

FOURTH ANNUAL REPORT, 1921-1922

Acting President:

DR. K. HUGHES.

Hon. Secretary:

MRS. C. O. WHITE, "Tiverton," Stanhope Street, Malvern.

Acting Hon. Secretary:

MISS SIMPSON, Allison Road, Elsternwick.

Hon. Treasurer:

MRS. J. FAWCETT, Trafalgar Road, Camberwell.

Hon. Auditors:

MESSRS. BRETNALL, NEWTON & BUTLER.

Members of Council:

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Dr. Edith Barrett	Mrs. McMahan
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Cr. C. E. Millar	Dr. Rowden White
Miss Munce	Dr. J. Wood
Miss M. M. Murray	

AIMS AND OBJECTS OF THE ASSOCIATION

- (1) To safeguard the health of mothers and babies, by the spread of knowledge of the laws of health.
- (2) To encourage the breast-feeding of infants.
- (3) To employ trained nurses who shall:—
 - (a) Attend certain centres, where not only mothers with their babies can come, but also expectant mothers.
 - (b) Visit mothers at their homes and help them carry out simple hygienic rules.
- (4) To hold meetings and give organised teaching to women, as opportunity shall arise, and to disseminate such knowledge by every available agency.
- (5) To co-operate with all present or future organisations working for the same objects.

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The objects of the Association being to keep infants healthy, **sick children are not treated at Centres**, but are always referred to their own doctor or to a hospital.

Victorian Baby Health Centres

Fourth Annual Report

Ladies and Gentlemen,—

The Executive Council of the Victorian Baby Health Centres' Association has pleasure in submitting its fourth Annual Report and Balance Sheet.

As every Baby Health Centre publishes its own report and balance-sheet, it is only necessary to give a general outline of the work done by the Association during the past twelve months, and the balance-sheet published with this report is for the Executive Council and Training School only.

We have much pleasure in thanking both their Excellencies, Lady Forster and Lady Stradbroke, for promising to be Patronesses of our Association for the forthcoming year.

Lady Forster, who is always interested in infant welfare, has done much on her tours through the country to further our cause. In response to her good work, leaflets and patterns have been distributed through many parts of Victoria and New South Wales never before touched by Baby Health work.

In April last the Countess of Stradbroke, who is also keenly interested in our movement, visited Bendigo and opened our new Centre there. It is now our earnest desire, before the hot weather commences, to open many new Centres in country districts where Baby Health Centres are urgently needed.

Our Hon. Secretary has been granted six months' leave of absence to visit Europe. She is very much missed, but we are looking forward to her return, when she will bring us information of infant welfare work from all countries visited.

Rapid progress has been made during the last twelve months, and our work is becoming much more widely known. Many inquiries have been received for Centres in numerous outlying country districts. Since our last report was printed, new Centres have been opened at St. Kilda, Warrnambool, Heidelberg, Fairfield, Bendigo, Oakleigh and Carnegie, and we hope soon to open at Dandenong, Sandringham and Ballarat.

The work at several of the Centres has increased so much that it has been necessary to open Sub-Centres in several districts,

It is now recognised that, to insure the health of the community, Mothercraft should be an essential part of a girl's education. With this in view, a lecturing nurse is contemplated, and we hope before long that lectures and demonstrations will be part of the general education in all public, private and secondary schools. We also hope that the Girl Guide Movement now being organised in Melbourne will co-operate with us in our work.

The Executive Committee, which was appointed during the year to assist the Council, has been a great help. It has met, on an average, twice a month, and discussed all important matters, and been of great assistance to the smooth working of the Association.

We have again to express our cordial appreciation of the co-operation of the Director of Education, the head masters of schools, Children's Hospital, Women's Hospital, Kindergarten Union, District Nursing Society, Queen Victoria Hospital, Talbot Milk Institute, Willsmere Milk Institute, and Benevolent Societies who have helped us in every way.

The Executive Council thanks the State Government for its continued support in subsidising each municipality £ for £ up to £125, and thanks especially the Municipalities for their splendid assistance to us. From these we receive free use of rooms, furnishings, lighting and cleaning, and we feel that it is their co-operation that enables us to carry on our work so successfully.

Thanks are also due to the following for grants:—Felton Bequest, Walter and Eliza Hall Trust, Edward Wilson Trust, Sir William Zeal Estate, T. J. Sumner's Estate, David Syme's Estate, Wattle Day Fund, the Newspaper Depot, and to Lady Lyle for her handsome donation from the sale of flowers, to Miss Mary Thomas, E. Truby Williams, Esq., and many other subscribers.

Last year our Association was represented at the Royal Agricultural Show, and, as the show offers a great opportunity for extending our influence, we hope to again demonstrate our usefulness, especially as so many mothers showed such a keen interest in our work. Our sincere thanks are extended to those ladies who made such a success of our exhibit.

The Camberwell Women's Service Guild has continued to supply all Centres with sets of infant clothing. These clothes are much appreciated and of great value to the Sisters.

The Executive Council has to especially thank Dr. Younger (Mrs. Ross), Dr. McLorinan, and Dr. Muriel Davies (Mrs. Hiller), who have helped us considerably in an honorary capacity, and we desire to show our appreciation of their work. We are pleased to say that during the year the Association has been able to appoint three Medical Officers—Dr. Roberta Donaldson, Dr. Vera Scantlebury, and Dr. Stahle. These Doctors have been a great help to us, visiting the Centres fortnightly, and inspecting the new babies.

We are greatly indebted to Miss Strachan, our Honorary Voluntary Organiser, whose assistance has been invaluable, and to the many voluntary helpers who have assisted the Sisters in many of our Centres.

The Centre at South Melbourne Town Hall continues to be our Training School. The nurses do three months' training there, to fit them for the position of Sister-in-Charge of a Baby Health Centre. This training has proved to be invaluable to the nurses in preparing them for their future duties. During the year 18 Sisters have entered the Training School, 4 are at present in training, 6 have been appointed to Centres, 3 did not complete the training, and a few are temporarily at Centres awaiting appointment.

Thanks are also due to Messrs. Bretnall, Newton and Butler, who have kindly audited our books for us; and to the Melbourne Tramway Board for allowing tickets at a reduced rate to our Sisters whilst on duty.

In concluding the report, the Executive Council desires to thank the various Committees, the Sisters, and all who are connected with the Association for the whole-hearted way in which they have devoted themselves to the cause and the work.

EDITH E. SIMPSON, Act. Hon. Secretary.

Baby Health Centres Association

	Totals for Year Ending 30th June, 1921. Totals for 1922.	
Total Attendances at Centres	52,200	80,389
Visits Paid by Nurses to Homes	39,830	47,868
Expectant Mothers Advised	820	1,783

VICTORIA.

Number of Birth in Victoria, 1921 35,593

TOTALS FOR YEAR ENDING 30th JUNE, 1922.

	Total Attendances.	Visits Paid by Sister to Homes.
Richmond	4285	1595
Collingwood	5794	2929
Fitzroy	3700	1887
Carlton	4910	4445
North Melbourne	4091	2072
Flemington	3054	1616
Brunswick	3624	1251
Port Melbourne	2473	2247
South Melbourne	4852	5693
Montague	1241	1204
Prahran	4869	1022
Malvern and East	4782	2236
Camberwell and Canterbury	2981	1943
Kew and East	2432	1877
Brighton	2286	1210
Hawthorn	1982	1325
Caulfield	3975	1824
Geelong and Newtown	1518	1147
Northcote	2764	1528
Middle Park	540	425
North Carlton	1789	1994
Heidelberg and Fairfield	892	790
St. Kilda	1568	897
Bendigo	1394	752
Burnley	1374	689
Richmond South	244	1047
Oakleigh	872	172
Warrnambool	1259	432

CENTRES ARE OPEN AS FOLLOWS:—

- BRUNSWICK.—Town Hall, Monday, Tuesday, Friday, 1.30 to 4.30; Wednesday, 10 a.m. to 12 noon, 1.30 to 4.30 p.m.
- CARLTON.—Women's Hospital, Tuesday, Wednesday, Thursday, 10 a.m. to 12 noon, 1.30 to 4.30 p.m.
- FITZROY.—Town Hall, Monday, Tuesday, Thursday, Friday, 1.30 to 4.30 p.m.; Wednesday, 10 a.m. to 12 noon.
- COLLINGWOOD.—Town Hall, open daily, 10 a.m. to 4.30 p.m.
- CAULFIELD.—Town Hall, Tuesday, Wednesday, Thursday, Friday, 1 to 4 p.m.
- CARNEGIE.—Memorial Hall, Rosstown Road, Monday, Thursday, 1 to 4 p.m.
- HEIDELBERG.—Scots Hall, Burgundy Street, Wednesday, 1 to 4.30 p.m.
- FAIRFIELD.—Returned Soldiers' and Sailors' Hall, Tuesday and Friday, 11.30 to 12.30 and 1.30 to 4.30 p.m.
- GEELONG.—Ryrie Street, Wednesday, 2 to 4.30 p.m.
- NEWTOWN.—Town Hall, Thursday, 2 to 4.30 p.m.
- BENDIGO.—Town Hall, Monday, Wednesday, Friday, 1.30 to 4.30 p.m.
- OAKLEIGH.—Town Hall, Monday and Friday, 1.30 to 4 p.m.
- KEW.—Town Hall, Tuesday and Friday, 1.30 to 4.30 p.m.
- KEW EAST.—C/r High and Valerie Streets, Monday and Thursday, 2 to 4.30 p.m.
- HAWTHORN.—Town Hall, Wednesday and Friday, 1.30 to 4.30 p.m.
- CAMBERWELL.—Town Hall, Monday and Thursday, 1.30 to 4.30 p.m.
- CANTERBURY.—Library, Tuesday and Friday, 2 to 4.30 p.m.
- RICHMOND.—Town Hall, Monday, Wednesday, Thursday, Friday, 1.30 to 4.30 p.m.; Tuesday, 10 a.m. to 12 noon.
- SWAN STREET.—Library, Tuesday and Thursday, 1.30 to 4.30 p.m.
- BURNLEY.—St. Bartholomew's School Room, Monday and Friday, 1.30 to 4.30 p.m.
- SOUTH YARRA.—Parochial Hall, Argo Street, Thursday, 1.30 to 4.30 p.m.
- PRAHRAN.—Town Hall, Tuesday, 1.30 to 4.30 p.m.; Friday, 10 a.m. to 12 noon, and 1.30 to 4.30 p.m.
- HAWKS BURN.—Try Society Hall, Surrey Road, Wednesday, 10 a.m. to 12 noon, 1.30 to 4.30 p.m.

- MALVERN.—Town Hall, Tuesday and Friday, 1.30 to 4.30 p.m.
- MALVERN EAST.—Old Fire Station, Monday and Thursday, 1.30 to 4.30 p.m.
- BRIGHTON.—Library, Bay Street, Monday, Wednesday and Friday, 1.30 to 4.30 p.m.
- SOUTH MELBOURNE (Town Hall).—Model Centre, daily, 10 a.m. to 4.30 p.m.; Friday, 1.30 to 4.30 p.m. only.
- PORT MELBOURNE.—Town Hall, Monday, Tuesday, Friday, 1.30 to 4.30 p.m.; Thursday, 10 a.m. to 12 noon, 1.30 to 4.30 p.m.
- MONTAGUE.—Buckhurst Street, Kindergarten, Monday and Thursday, 1.30 to 4.30 p.m.
- NORTH MELBOURNE.—Post Office Place, Tuesday, Wednesday, Thursday, Friday, 1.30 to 4.30 p.m.
- FLEMINGTON.—Town Hall, Monday, Tuesday and Thursday, 1.30 to 4.30 p.m.
- MIDDLE PARK.—Picture Theatre, Armstrong Street, Tuesday, 1.30 to 4.30 p.m.
- NORTH CARLTON.—682 Rathdown Street, Monday and Thursday, 2 to 4.30 p.m.
- NORTHCOTE.—Town Hall, Monday, Wednesday and Friday, 1.30 to 4.30 p.m.; Tuesday, 10 a.m. to 12 noon.
- ST. KILDA.—Town Hall, Tuesday and Thursday, 1.30 to 4.30; Friday, 10 a.m. to 12 noon; 1.30 to 4.30 p.m.
- WARRNAMBOOL.—Town Hall, Monday, Wednesday, Friday, 1.30 to 4.30 p.m.

VICTORIAN BABY HEALTH CENTRES

Balance Sheet at 30th June, 1922

ASSETS.	LIABILITIES.																		
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Furniture and Equipment at Newspaper Depot</td> <td style="text-align: right; width: 20%;">£100 0 0</td> </tr> <tr> <td>Furniture and Equipment at Model Centre, South Mel- bourne</td> <td style="text-align: right;">50 0 0</td> </tr> <tr> <td>Furniture and Equipment in Secretary's Office</td> <td style="text-align: right;">30 0 0</td> </tr> <tr> <td>Balance at State Savings Bank</td> <td style="text-align: right;">528 11 0</td> </tr> <tr> <td>Balance at Commonwealth Bank</td> <td style="text-align: right;">322 2 8</td> </tr> <tr> <td>Balance at National Bank of Australasia</td> <td style="text-align: right;">66 3 1</td> </tr> <tr> <td></td> <td style="text-align: right; border-top: 1px solid black;"><u>£1096 16 9</u></td> </tr> </table>	Furniture and Equipment at Newspaper Depot	£100 0 0	Furniture and Equipment at Model Centre, South Mel- bourne	50 0 0	Furniture and Equipment in Secretary's Office	30 0 0	Balance at State Savings Bank	528 11 0	Balance at Commonwealth Bank	322 2 8	Balance at National Bank of Australasia	66 3 1		<u>£1096 16 9</u>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Balance, being Surplus of Asséts over Liabilities</td> <td style="text-align: right; width: 20%;">£1096 16 9</td> </tr> <tr> <td></td> <td style="text-align: right; border-top: 1px solid black;"><u>£1096 16 9</u></td> </tr> </table>	Balance, being Surplus of Asséts over Liabilities	£1096 16 9		<u>£1096 16 9</u>
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Melbourne, 10th July, 1922.

Audited and found correct.

THOS. BRETNALL, F.C.P.A.,

Hon. Auditor

ALICE M. FAWCETT,

Hon. Treasurer.

VICTORIAN BABY HEALTH CENTRES

Statement of Receipts and Expenditure from 1st July, 1921, to 30th June, 1922

RECEIPTS.		EXPENDITURE.	
To	Balance at State Savings Bank at 1st July, 1921	By	Model Centre—
	£312 18 9		Salaries
	„ Balance at Commonwealth Savings Bank at 1st July, 1921		Petty Cash
	311 5 0		Cleaning and Laundry
	„ Balance at National Bank of Australasia Ltd. at 1st July, 1921		Fuel
	666 0 11		Equipment, Printing, &c.
	£1290 4 8		„ Grants to Centres—
	„ Grants—		Felton Bequest
	Felton Bequest		Executive B.H.C. Association
	£400 0 0		„ Salaries
	David Syme Estate		Petty Cash—
	40 0 0		Hon. Secretary and Assistant Secretary
	Edward Wilson Fund		Hon. Treasurer
	20 0 0		„ Advertisements
	Sir Wm. Zeal Estate		„ Agricultural Show Expenses
	21 0 0		„ Travelling Expenses
	T. J. Sumner Estate		„ Insurance
	10 0 0		„ Affiliation Fees
	Walter and Eliza Hall Trust		„ Rent Room for Meetings and Telephone
	50 0 0		„ Tramway Tickets
	Wattle Day Fund		Less Refunds from Centres
	100 0 0		„ Printing and Stationery
	Newspaper Depot		„ Furniture and Equipment Secretary's Office
	900 0 0		„ Scales
	1541 0 0		Less Refunded by Centres
10	„ Donations—		„ Balance at State Savings Bank at 30th June, 1922
	Lady Lyle—Sale of Flowers		528 11 0
	£109 3 1		„ Balance at Commonwealth Savings Bank
	Miss Mary Thomas		322 2 8
	3 0 0		„ Balance at National Bank of Australasia
	E. Truby Williams, Esq.		66 3 1
	2 2 0		916 16 9
	Smaller Donations		£2974 14 2
	2 14 6		
	116 19 7		
	„ Interest		
	26 9 11		
	£2974 14 2		

Melbourne, 10th July, 1922.

Audited and found correct.

THOS. BRETNALL, F.C.P.A., Hon Auditor

ALICE M. FAWCETT,

Hon. Treasurer.

PAPER DEPOT

The Executive Council desires to thank the many contributors to the Paper Depot for the very valuable assistance rendered by them in saving and forwarding their newspapers; also those firms and individuals in the city who, by giving their waste paper, have added considerably to the funds of the Association. But, generous as the response has been, it is essential that a continuous supply of paper be maintained, as, with the ever-increasing number of Centres, there is a corresponding increase in the expenses of the Association. It is therefore necessary to impress upon everyone the necessity of saving their used newspapers, to help swell our funds.

The Depot is situated at 236 Queen Street, Melbourne (cr. Lonsdale Street). Telephone number, Central 6591. On receipt of notification, parcels of newspapers, securely tied, and weighing approximately 20 lbs., will be called for by carrier in any suburb, and waste paper from shops, warehouses and offices will be collected in the city weekly, or by arrangement with the Manager of the Depot.

Freight is paid on all newspapers consigned from country stations, and contributors in the country will be conferring a favor if they will consign papers at "goods rates."

For the convenience of those travelling by rail, collecting boxes have been placed at the three city stations, also many suburban stations are equipped in a similar manner.